It’s big. It’s bright, and it’s colorful! At 4’ tall and 6’ long, it can also be easily assembled using the PVC support frame enclosed. This inviting nylon target toss is a perfect match for preschool children as they learn about shapes and colors. Six hook-receptive beanbags (each a different color of the rainbow) promote basic tossing and throwing skills. Storage bag is included.

The beanbag, with its softness and flatness, has definite advantages over other manipulative objects. It does not “sting” the hands or bounce and roll away, which makes it easy to use and control. It’s also the perfect size for a young child’s hand.

Place the Target Toss inside or outside as a station or center where children can choose to participate as long and as often as they wish. When children enjoy an activity and experience success, they are on the path to becoming lifelong movers and learners.

Here’s What You Get!
Giant Target Toss
6 Colorful Beanbags
Activity Guide

Objectives/Learning Outcomes:
Playing and participating in the activities and with the equipment promotes and develops...
• **Throwing** - a basic movement pattern that propels an object away from the body.
• **Tossing** - to throw with a quick or light motion.
• **Underhand throw or toss** - a motion made with the hand brought forward and up from below the shoulder level.
• **Overhand throw or toss** - a motion made with the hand brought forward and down from above shoulder level.
• **Gross motor development** - to build skills in the movement of the large muscles of the arms, legs and trunk.
• Manipulative skills - gross motor skills in which an object (beanbag) is usually involved (manipulated). These skills include throwing and catching.
• Fine motor development - to build skills in the movement of the small muscles of the fingers, toes and eyes.
• Eye-hand coordination - eyes and hands working together smoothly to meet a challenge.
• Color recognition - identifying the difference between colors.
• Shape recognition - identifying the difference between shapes.
• Cooperation - learning to take turns and play together.
• Listening skills - ability to hear and give attention to verbal directions.

Stages of Throwing:
1. Child only moves his throwing arm. The body does not move as he throws.
2. Determine which hand the child usually uses for throwing.
3. A child who throws with the right arm will step forward with the right foot.
4. A child who throws with the left arm will step forward with the left foot.
5. Prompt children to step forward with the foot opposite their throwing arm. This is the cross-lateral throwing movement. It is the mature way to throw.

Teaching Cues for Learning to Throw Underhand:
1. “Face the target” (one of the 5 shapes).
2. “Step with your opposite foot toward the shape target (i.e., if throwing with your right hand, step towards target with your left foot”).
3. “Use a pendulum arm motion with the arm you are throwing with (i.e., like you are bowling”).
4. “Follow through to the sky or ceiling with hand you are throwing with”.

Teaching Cues for Learning to Throw Overhand:
1. “Look at the target” (one of the 5 shapes).
2. “Bring the beanbag to your ear before you throw”.
3. “Start with this foot in front” (referring to the foot opposite the throwing arm).
4. “Step, turn your belly button, throw”.

Teaching Suggestions:
1. Use hoops on the floor to designate where children are to stand when engaged in activities. Start up close and after each success, increase the distance.
2. Set up a series of small hoops (i.e., 14”) and ask children to stand in the hoop and throw one beanbag into or at each shape target. Using the colored beanbags, have children stand in a matching colored hoop and throw the beanbag at the shape with the matching color.
3. You may have to demonstrate the activities for the children.
4. Use the highly successful movement exploration/problem solving approach by means of verbal challenges. Ask children to “Show me how you can...”; “Who can...?”; “Can you...?”; “Find a different way...,” etc.

Challenges
• Throw a beanbag at or through one of the shape targets. Throw it underhand and then overhand. Try it with each hand.
• Throw the beanbag at the star shape. If you were accurate, the hook-receptive beanbag should stick to the hook and loop star. Throw it underhand and then overhand. Try it with each hand.
• Throw the beanbag into or at the geometric shape I call out – triangle, circle, square, rectangle, star.
• Throw the beanbag into the shape with the matching color:
• Throw the green beanbag into the square
• Throw the blue beanbag into the triangle
• Throw the yellow beanbag into the circle
• Throw the orange beanbag into the rectangle.
• Throw the red beanbag at the star
• Throw the purple beanbag at your favorite shape!